

# **Working in High Heat – Construction Safety Video**

Heat Stress in Construction Environments reminds employees that heat-related illnesses can occur in many situations, and reviews what can be done to address these situations. The video also discusses fundamental information on heat stress and other heat-related illnesses. Topics covered are situations that can cause heat-related illnesses, heat stress and the body's cooling system, other heat-related illnesses, preparing to work in hot environments, engineering controls, treating heat-related illnesses and more.