## Wood Dust Picture This



## TYPES OF DUST

- SILICA DUST Created when working on silica containing materials like concrete, mortar and sandstone (also known as respirable crystalline silica or RCS).
- WOOD DUST Created when working on softwood, hardwood and wood-based products like MDF and plywood.
- LOWER TOXICITY DUST Created when working on materials containing very little or no silica. The most common include gypsum (e.g. in plasterboard), limestone, marble and dolomite.

## **HEALTH RISKS**

Anyone who breathes in these dusts should know the damage they can do to the lungs and airways. The main dust-related diseases affecting construction workers are:

- LUNG CANCER COPD (Chronic Obstructive Pulm
- **SILICOSIS**
- **ASTHMA**

## STAY PROTEC

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Construction dust is not just a nuisance; it can seriously damage your health and some types can eventually even kill.

