When Every Second Counts: Choking Response & First Aid for Young Children Picture This



The image shows a toddler seated at a table holding food, with an educator nearby who appears distracted while supervising multiple children.

What’s wrong is not the meal, but divided attention. Choking happens quickly and silently.

What should be avoided is assuming noise equals safety. The behaviour to model is active supervision, scanning faces, and being ready to act immediately if a child becomes silent or distressed.