Types of Injuries – How Workers Get Hurt Stats and Facts

FACTS

The Most Common Accidents and Injuries in The Workplace;

1. **Slips, trips, and falls.** Whether in a shop, a factory, or an office – you encounter slippery.
2. **Muscle strains.** Strained muscles are another commonplace work-related injury.
3. **Being hit by falling objects.** Objects which fall from shelves or out of cupboards can cause nasty injuries.
4. **Repetitive strain injury.** RSI is another problem that's become increasingly commonplace at work.
5. **Crashes and collisions**. Accidents resulting in crash or impact injuries are also quite frequent at work.
6. **Cuts and lacerations.** The most common causes of lacerations are poor training and failing to wear proper protection.
7. **Inhaling toxic fumes.** Those workers who are at risk of skin or eye reactions.
8. **Exposure to loud noise.** Many industrial workers continue to be exposed to loud noises while at work.
9. **Walking into objects.** Many such accidents can be avoided by reminding employees to be vigilant.
10. **Fights at work.** Fights in the workplace can, unsurprisingly, result in nasty injuries.

STATS

- The 2020/21 statistics indicate that there are 1.7 million working people suffering from a work-related illness. Of these 1.7 million, the key figures report:
    - 822,000 workers suffering from work-related stress, depression, or anxiety in 2020/21, with 451,000 of these being new cases in 2020/21

    - 470,000 workers suffering with work-related musculoskeletal disorder.
    - 441,000 workers sustaining a non-fatal injury.
    - 142 fatal injuries
- There are about 2.8 million nonfatal workplace accidents and injuries in the United States' private industry each year.
- Sprains, strains, and tears are the most common workplace injury in the US, with 266,530 occurring in 2020.
- Overexertion and bodily reaction, slips, trips, and falls, and contact with objects and equipment are the highest causes of workplace injury in the US, accounting for 84% of all nonfatal injuries at work.
- Nursing assistants have the highest chance of injury, with 370 injuries per every 10,000 full-time workers.
- 4,764 US workers died on the job in 2020.
- The agriculture, forestry, fishing, and hunting industry has the highest number of on-the-job fatalities, with 23.4 fatalities per 100,000 employees.