Sprains and Strains: Why your prevention efforts aren’t working

Sprains and strains are the most prevalent injury type among ICW Group Policyholders.

Watch our safety training webinar to find out why common efforts to prevent these injuries aren’t working. Discover practical solutions to reduce the risk of injury in your workplace.

In this webinar, you’ll learn

- 5 practical tips to reduce sprains and strains
- How to assess your risks and develop solutions
- The truth about back belts
- Surprising facts about lifting

Download these helpful sprains and strains resources

Webinar Presentation



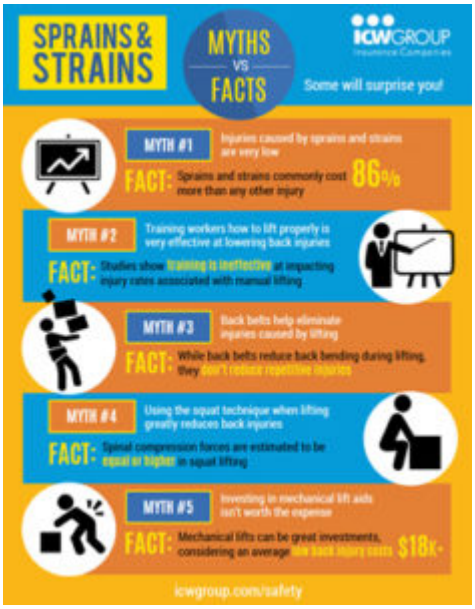
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5 Tips to Reduce Sprains & Strains



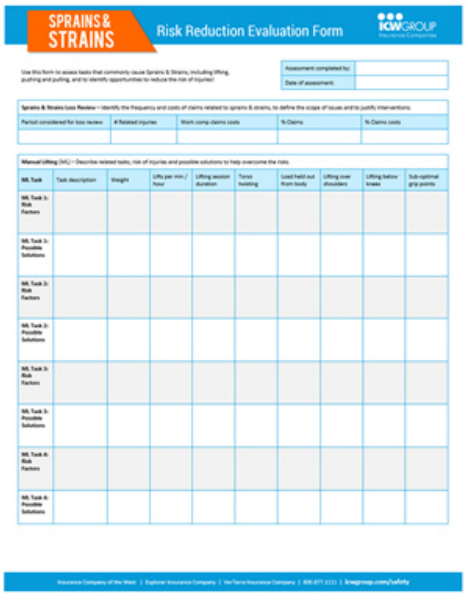
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Sprains & Strains Myths vs. Facts



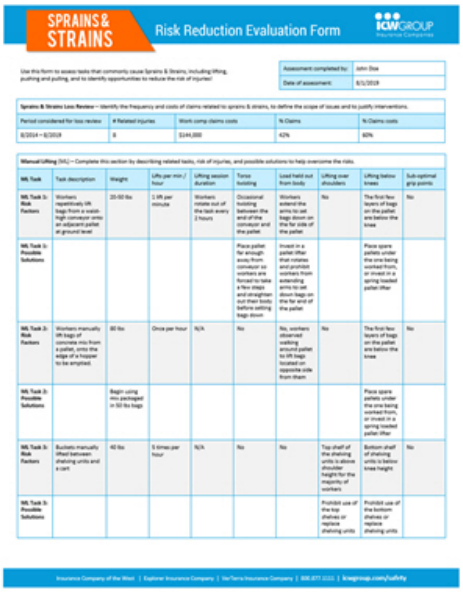
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Risk Reduction Evaluation Form



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Risk Reduction Evaluation Form – Example



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