# Slips and Trips on the Bus Meeting Kit

## WHAT'S AT STAKE

A simple slip, trip, or fall might seem minor, but when it happens on a moving vehicle like a school bus, especially on the steps, the consequences can be significant. We're talking about potential injuries ranging from minor scrapes and bruises to much more serious sprains, fractures, broken bones, and even head trauma. These incidents can lead to missed school days, doctor's visits, and even long-term health issues. For the students we're responsible for, a fall on the bus steps can disrupt their education, their extracurricular activities, and their overall well-being. It's our job to minimize these risks and ensure their safety.

## WHAT'S THE DANGER

The bus steps present a unique set of hazards because they involve moving between two different levels – the ground and the bus – often while the bus is in motion or has just come to a stop. This transition creates an inherent risk of losing balance, especially for younger students or those carrying heavy items. The design of the steps themselves, with their varying heights and depths, can also contribute to tripping hazards.

Several factors can increase the risk of slips, trips, and falls on the bus steps. Students are often in a hurry to get on or off the bus, leading to rushing and a lack of attention to their footing. Distractions, such as conversations with friends or using electronic devices, can also cause students to lose focus and misstep. Weather conditions like rain, snow, or ice can make the steps extremely slippery, while mud or debris tracked onto the steps can create tripping hazards. Additionally, backpacks, musical instruments, sports equipment, and other items students

carry can obstruct their view or create obstacles on the steps. Poor lighting, especially during early morning or late afternoon hours, further compounds these dangers by making it harder to see the steps clearly. Damaged or worn steps, loose handrails, and other maintenance issues also pose significant risks.

# HOW TO PROTECT YOURSELF

Alright, let’s talk about how we can really make a difference in keeping our students safe on those bus steps. It’s not just about doing our jobs; it’s about looking out for the kids and making sure they get to and from school safely.

**Key Responsibilities for Bus Drivers:**

How the bus is positioned at the stop is a big deal. The closer you can get to the curb – safely, of course – the shorter the step, and the less chance of a fall. But use your common sense: don’t park where it blocks traffic, near utility poles, or under low-hanging branches. Safety first!

Before those doors even open, make sure the bus is at a complete stop and that the parking brake is locked tight. No rolling buses allowed! Then, use your mirrors – all of them – to check the area around the steps. Look for anything that could be a hazard: cars, bikes, other kids, even puddles. Check those blind spots, too.

Once the doors open, use your voice! A quick reminder to “use the handrail,” “watch your step,” and “no running” can go a long way. Be patient; don’t rush the kids. Give them time to get on and off safely. And if you see any horseplay or unsafe behavior near the bus, step in right away. Explain why it’s dangerous and what could happen.

If you see something on the steps – a spill, mud, ice, a dropped book – take care of it immediately if you can. If it’s something you can’t handle yourself, like a big spill or a broken step, report it right away. And speaking of broken steps, if you notice anything wrong with the bus itself – a loose handrail, a flickering light – report it through the proper channels. Don’t

wait!

**Maintenance**

Keeping the bus itself safe is a vital part of the equation. Those regular inspections are crucial. Check those steps, handrails, and lights regularly and thoroughly. Look for wear and tear, damage, corrosion, and loose parts, and make sure those lights are working.

When you find something that needs fixing, fix it right away. Use the right parts and always follow the manufacturer’s instructions. Keep good records of all your work. Preventive maintenance is extremely important. Regular cleaning, lubricating moving parts, and applying anti-slip coatings can prevent a lot of problems before they even start. And during the winter, make sure you’re stocked up on salt and sand and that the steps are cleared of snow and ice before the buses head out.

**Addressing the Dangers:**

Remember those dangers we talked about? Let’s see how we’re tackling them:

- **Rushing and Distractions:** By reminding kids to wait their turn, use the handrail, and watch their step, we’re directly addressing the risks of rushing and distractions.
- **Wet or Slippery Surfaces:** Regular cleaning, de-icing, and ensuring proper drainage around bus stops help prevent those nasty slips.
- **Obstructions:** Encouraging kids to keep their stuff organized and carry it safely helps keep the steps clear.
- **Poor Lighting:** Regular checks and maintenance of bus lighting, along with working with the school and community to improve lighting at bus stops, helps kids see where they’re going.

# FINAL WORD

The good news is that slips, trips, and falls on bus steps are

preventable. It’s not about waiting for something to happen; it’s about taking action now to create a safer environment.