

# Safe Courier Driving for Landscapers: Delivering Materials Without Incident Picture This



In the image, a worker is carrying an excessive number of heavy sacks stacked high enough to fully obstruct his vision. This creates a serious safety hazard: the worker cannot see where he's walking, increasing the risk of tripping, falling, or colliding with objects or people. Additionally, lifting such a tall and

heavy load places strain on the back and shoulders, increasing the likelihood of musculoskeletal injuries.

To prevent incidents like this, workers should follow proper material handling procedures. Loads should be kept at a manageable height and weight, allowing for a clear line of sight. Use of carts, dollies, or mechanical aids is recommended when transporting bulk materials. Employers should train workers on safe lifting techniques and ensure that proper tools are readily available.