

Ring Buoys and Construction Infographic

How to use a Ring Buoy

- Stand back from the edge and establish voice contact with the person, shouting 'Kick your legs!'
- Look for the nearest ringbuoy (Yellow Box).
- Stand on the end of the rope or hold it in your hand.
- Holding the ringbuoy, swing back, then release forward with an under-arm throw, shouting: 'Ringbuoy! Ringbuoy! Ringbuoy!'
- Aim to land the ringbuoy beyond the person, so that the ringbuoy can be pulled into their grasp.
- Instruct the person to hold the ringbuoy. Slowly pull them to land, reassuring them.
- Get others to help you.



Always Wear A Lifejacket



It could save your life



**Lifeguard
on Duty**



No Swimming



**Beware of
Rip Currents**



Do Not Swim

Simple Rescues

- **SHOUT** - call out, encourage them to the shore...
- **REACH** - with a coat or branch...
- **THROW** - ringbuoy, rope, throwbag or anything that floats...

Source: <https://1stkkscouts.files.wordpress.com/>