

Ready For Work Infographic

Every year thousands of people are injured on construction sites. Follow these rules and stay safe.

1 ALWAYS WEAR PPE

PPE is your last line of defence against danger. It protects you if something goes wrong, and helps make sure you are seen. Wear it.



2 GET YOUR INDUCTION

Make sure you know what is happening on site so you can work safely. Your induction is important, don't start without one.

3 BE TIDY

Construction work is messy. Keep your work area tidy to reduce the risk of trips and slips, and fire hazards. Keep access routes clear.

4 ACT SAFE

Construction sites are dangerous places to work. Think safe and act safe throughout your shift.

5 FOLLOW SIGNS

Follow signs and procedures. Check risk assessments and systems of work. Control measures are put in place for your safety.



6 DO NOT ENTER

Never work in unsafe areas. Don't work at height without suitable fall prevention. Don't enter unsupported trenches. Don't work below crane loads or other dangerous operations.

7 REPORT

If you notice a problem, don't ignore it, report it to your supervisor immediately.

8 DON'T TAMPER

Never remove guard rails or scaffold ties. Do not remove guards. Do not attempt to fix defective equipment unless you are competent to do so. Do not ever tamper with equipment without authorisation.

9 USE THE RIGHT EQUIPMENT

Use the right equipment for the task. Check and test for defects before use. Use 110v equipment only, suitable for use on a construction site.



10 IF IN DOUBT, ASK

Better safe than sorry. Mistakes on construction sites can cost lives - don't let it be yours. If you need help or further information speak to your supervisor.

Source: <https://www.haspod.com>