Radiation Safety Checklist

Radiation or **Electromagnetic Radiation (EMR),** is energy in a wave form. An **Electromagnetic Field (EMF)** is made up of an electric field and a magnetic field. **EMFs** occur naturally and also come from sources created by human activity. Natural **EMFs** comes from sources such as the earth's own magnetic field, electrical storms, the sun and even the body's own essential electric activity. **Manufactured EMFs**, come from overhead power lines, electric wiring in buildings, radio towers, and laser tools. It is these that are of more concern. **EMR** can be either ionizing or non-ionizing.

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