

# Put Safety In Gear When Backing Infographic

## Be Alert and Practice Defensive Driving



- Be aware of what other drivers around you are doing. For example, if a car near you is slowing down and you can't see the reason why, they might be doing so to let a pedestrian cross. Do NOT attempt to overtake them.

- Assume other motorists will do something unexpected or crazy, and always be prepared to avoid it. A healthy amount of caution is necessary for all drivers as it keeps their reflexes in tiptop shape and this can help avoid unnecessary accidents.

- Keep a sizeable distance between you and the car in front - 2-3 seconds on a normal day and 4 second when the weather is bad. This gives you enough time to react if they abruptly stop without causing a collision.



- All forms of distraction should be kept away at all times while you are driving as well.

*DO not use your phone, do not take calls (even if they are handsfree), do not let your passengers distract you from focusing on the road.*



- It's safe to say that even a workaround on normal distractions can still be enough of a distraction itself.
- It only takes a split second for a situation to go bad, especially on the road, and being distracted will cost you that.

Source: <https://carinsurance.arrivealive.co.>