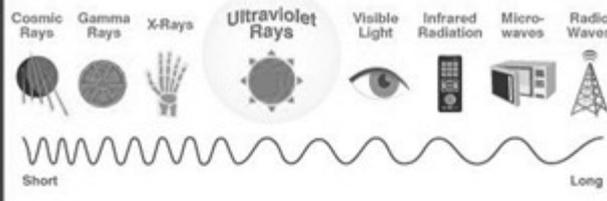


Protect Yourself Against Ultraviolet Radiation Picture This

Q What is **ULTRAVIOLET?**

A  *Ultraviolet, or UV, is a part of the light spectrum with a wavelength ranging from 100 to 400 nanometers. Thus, it is shorter than visible light but longer than X-Rays, as shown below.*

The Electromagnetic Spectrum



Cosmic Rays Gamma Rays X-Rays **Ultraviolet Rays** Visible Light Infrared Radiation Micro-waves Radio Waves

Short Long

UV

UV light is further classified into 3 wavelength ranges:

UV-C 100–280 nm	UV-B 280–315 nm	UV-A 315–400 nm
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Source: <https://www.pinterest.com>