Preventing Burns and Scalds: Hospitality Infographic

First Aid Burns and Scalds

- 1. Place the burnt area under cold running water immediately for at least ten minutes. If it is a serious burn ensure an ambulance is called.
- 2. If possible remove any items that may prevent swelling to burnt area: belts, boots, watches or rings.
- 3. Place a clean, sterile dressing over the burnt area.
- 4. Check that if req ired an ambulance has been called and check that the accident has been reported to the correct individuals.



- 1. DO NOT apply any lotion, ointment or creams.
- 2. DO NOT attempt to remove any item of clothing that may be sticking to the burnt area.
- 3. DO NOT touch or place anything other than a sterile dressing on a burn.
- DO NOT burst any blisters that may form on or around the wound.

EMERGENCY SERVICES	
DOCTOR	
AMBULANCE	
NEAREST FIRST AID	
FIRST AIDER IS:	

Source: https://www.stocksigns.co