

PPE – Hand, Wrist, Fingers Infographic

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PPE - HAND, WRIST, FINGERS

HAND AND FINGERS INJURIES

- LACERATIONS & CUTS
- PUNCTURES
- SKIN IRRITATION
- BURNS
- SPRAINS & STRAINS
- FRACTURES & BROKEN BONES
- AMPUTATIONS



WRIST INJURIES

CARPAL TUNNEL SYNDROME
MEDE QUERVAINS TENDOSYNOVITIS
INTERSECTION SYNDROME
DAMAGE TO THE FLEXOR TENDONS AT THE WRIST AND FOREARM



PREVENT INJURIES

- ALLOW ROTATING PARTS TO COME TO A STOP BEFORE WORKING ON THEM.
- PERFORM MAINTENANCE ONLY WHEN THE TOOL OR MACHINERY IS NOT IN OPERATION.
- KNOW WHEN TO WEAR GLOVES.
- HANDLE SHARP OR POINTED TOOLS CAREFULLY.
- BE AWARE OF HOT AND COLD SURFACES



WHEN ARE GLOVES A BAD IDEA?

THEY ARE A BAD IDEA WHEN WORKERS USE MACHINERY WITH SPINNING OR ROTATING PARTS. GLOVES ARE, ESSENTIALLY, AN ITEM OF "LOOSE CLOTHING" THAT CAN BE CAUGHT AND PULLED INTO THE MACHINERY, TRAPPING THE WORKER AND CAUSING FAR MORE SERIOUS INJURY THAN A SPLINTER OR SCRAPE.

