Picture This! Choreographing a Dangerous Dance with Safety



Climbing on the upper rungs of a ladder is dangerous enough, but throw in an awkward overhead lifting task and an unforgiving concrete floor and this worker’s day could turn deadly in a hurry. The ladder could easily tip or he could lose his balance while handling a large box over his head. Fall hazards aside, the lifting and twisting movements required here could easily lead to a back or other type of injury. This type of situation plays out every day in warehouses and retail establishments around the world, frequently with bad consequences. (WorkSafeBC photo)