

FUNDAMENTAL 55: Behavior-Based Safety

Key Takeaways:

- Understanding behavior-based safety and its key terms
- Learning why a behavior-based safety program matters to both employees and companies
- Recognizing methods and tools to eliminate hazards and prevent injuries on the job
- Learning the steps involved in a behavior-based safety program

Course Description

It is apparent that accidents and injuries have both a human and a business cost, therefore it is beneficial for everyone if employees practice safe behaviors and mitigate unsafe behaviors in the workplace. The objective of this lesson is to introduce behavior-based safety concepts to employees and create awareness around what influences employees to change unsafe behaviors before an accident or injury happens.

Unsafe behaviors are often obvious when you try to think of them. There's the classic running with scissors, but for most workplaces, unsafe behaviors are often convenient ones. Safety can take extra steps or effort, and it therefore slows down processes. Unfortunately, that sluggishness is critical to the workplace. Cutting corners does save time, but often it cuts safety out as well. This opens up the risks for injuries and fatalities in the workplace, neither of which anyone wants to happen to them. We can all think about some examples of unsafe behaviors in our workplaces. Maybe that means throwing oily rags in regular trash cans, not checking machine guards before operating, not doing a 360 check before backing up a vehicle, or not checking that a machine is secured in place. Perhaps it means not wearing PPE or using duct tape to fix a significant leak.

It's important to change unsafe behavior, and often a behavior-based safety program is the easiest way to do that. Through this course, you will learn different ways to correct both your and

others' behavior.

OSHA: Behavior-Based Safety Overview

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OSHA: Tornado Preparedness

Key Takeaways:

- Learning about the hazards of tornadoes
- Observing actions to take to prepare for a tornado
- Comprehending tornado warning signs and alerts
- Learning sheltering practices for protecting yourself from tornadoes and their associated dangers
- Understanding safe practices to follow once a tornado has passed.

Course Description

The aim of this course is to describe the hazards and warning signs of a tornado and the actions to take in the event of a tornado-related emergency. Tornadoes can be mile-wide funnel of destruction, uprooting near everything in their path and hurling it through the air with their wind speeds of potentially more than 250 mph (400 kmph). Often accompanied by hail and born in thunderstorms, tornadoes can mean the destruction of everything in their path, with may include you. Although tornadoes are reported to happen in other countries, majority occur in the United States with close to a thousand happening yearly.

Through this course, you will learn basic strategies to ensure your survival of these storms. You will learn about the hazards to avoid when a tornado is on the horizon, and areas that will protect you from flying through the air at fatal speeds. Although

everything around you may be thrown across your town, this course will help ensure that you stay in the same place.

PPE – Personal Protective Equipment: Eye and Face Protection

Key Takeaways:

- Appreciating the value of PPE for the eyes and face
- Recognizing common workplace hazards regarding the eyes and face
- Understanding the common characteristics of PPE for the eyes and face
- Learning about common types of PPE for the eyes and face
- Comprehending the proper fit for PPE for the eyes and face
- Learning how to care for PPE for the eyes and face
- Acknowledging employee and employer responsibilities regarding PPE for the eyes and face

Course Description

In the United States alone, NIOSH estimates that nearly 2 000 workers sustain a job-related eye injury requiring medical treatment daily. This number is made worse when numerous experts agree that nearly all workplace eye injuries could be prevented with the use of personal protective equipment (PPE).

Proper PPE is crucial to any work environment needing eye and face protection. This course will demonstrate how to ensure face and eye protection properly by using PPE, along with the identification of various types of such PPE.

PPE – Personal Protective Equipment: Eye and Face Protection – Spanish

Key Takeaways:

- Appreciating the value of PPE for the eyes and face
- Recognizing common workplace hazards regarding the eyes and face
- Understanding the common characteristics of PPE for the eyes and face
- Learning about common types of PPE for the eyes and face
- Comprehending the proper fit for PPE for the eyes and face
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ESSENTIAL 29: PPE – Personal Protective Equipment:

Respiratory Protection

Key Takeaways:

- Appreciating the value of PPE for the respiratory system
- Understanding common workplace hazards regarding the respiratory system
- Recognizing the common characteristics of PPE for the respiratory system
- Acknowledging common types of PPE for the respiratory system
- Comprehending the proper fit for PPE for the respiratory system
- Learning how to care for PPE for the respiratory system
- Acknowledging employee and employer responsibilities regarding PPE for the respiratory system
- Understanding that breathing properly is important and essential to good health.

Course Description

It is common for workers to everyday perform duties that are not in the healthiest environments. Educating workers on the importance of respiratory personal protective equipment (PPE) is fundamental in protecting them against harmful inhalants. Imagine not having the proper PPE in a hazardous environment and the gas starts to fill your lungs. It's horrific to picture that happening to you or to your coworkers. There are so many common respiratory hazards which cause illnesses like asthma, chronic obstructive pulmonary disease (COPD), and lung cancer. Although each illness has their own causes, common hazards for them include automobile exhaust, machine fumes, sawdust, chemical vapours, or smoke.

While every work environment is different, prolonged exposure to hazards endangers everyone in the workplace. Often, the effects of hazards are not immediately clear because many illnesses develop and worsen over years. However, it is because of this that these illnesses create significant lawsuits for a decreased quality of life.

Proper respiratory PPE can prevent all of this. It's important to understand what PPE is needed in your workplace and when it is

needed. OSHA standards require that respiratory PPE are supplied in specific work environments, and through this course you will learn how to evaluate if your work environment needs respiratory PPE.

PPE – Personal Protective Equipment: Respiratory Protection – Spanish

Key Takeaways:

- Appreciating the value of PPE for the respiratory system
- Understanding common workplace hazards regarding the respiratory system
- Recognizing the common characteristics of PPE for the respiratory system
- Acknowledging common types of PPE for the respiratory system
- Comprehending the proper fit for PPE for the respiratory system
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OSHA: Chemical Safety Overview

Key Takeaways:

- Identifying all workplace chemical hazards and the risks associated with them.
- Understanding the conditions which present an exposure risk, possible routes of exposure, and the factors influencing an individual's reaction to a chemical exposure incident.
- Practicing safety precautions on the behalf of both workers and employers to minimize exposure to chemicals.
- Learning safe storage, transport, and disposal practices for hazardous chemicals.
- Understanding appropriate response actions in the event of a chemical incident.

Course Description

Each day you work with industrial chemicals, there is a high-risk work environment. Although chemicals are a broad category, almost

always the substances we're talking about are unpredictable, unstable, and dangerous when handled unsafely. Chemicals can be composed of organic or inorganic compounds that are not naturally occurring in the environment, which is why they pose some danger.

The danger of chemicals comes from the many ways in which these substances can inflict trauma for workers: some chemicals contaminate the air and cause respiratory distress, others are highly combustible. A few create nasty problems when they contact the skin or are physically ingested. When handled improperly, chemicals can burn, explode, cause cancer and other illnesses, or poison and sicken.

Chemicals come in many different forms across different workplaces; they may be dusts, mixtures, paints, fuels, or solvents. Health risks from exposure depend upon the chemical itself, how it is used, and what protections are in place.

Chemicals will always involve risk. However, it is carelessness and ignorance of chemical dangers that increases the risk of exposure, or property damage and personal injury. Since so much can be learned about the safe handling of specific chemicals, ignorance is the factor most commonly cited in chemical related accidents.

Comprehending the potential dangers of chemicals in your workplace will help you make informed decisions on safe handling and the appropriate protective measures needed to avoid accidental exposure. These measures include the use of personal protective equipment and precautions to avoid taking the risk of chemical exposure home with you.

Everyday you see numerous signs and symbols designed to provide clear information and direction you are being kept out of harm's way. Like road signs that notify you of laws, there are signs in your workplace designed to guide you.

The OSHA Hazard Communication Standard (HCS) is protocol for identifying and clearly marking chemical hazards. A large, industrial drum barrel with an unusual label, involving different

colors or symbols, is the outcome of the Hazard Communication Standard. HCS has two types of labels. Recognition of these simple, special labels will help you identify chemical hazards.

The original manufacturer's label required on original shipping containers is the first type of label. As chemicals are manufactured and placed into containers, they must be properly labeled for identification and use. The second type is a manufacturer's label that meets OSHA's HCS system requirements for secondary containers.

Chemicals in original manufacturer containers use pictograms that represent the physical, health, and environmental hazards of the chemical inside. There are nine pictograms defined by the HCS which are standardized under the Globally Harmonized System (GHS), and represent distinct hazard classifications. These pictograms should be on the manufacturer's label, depending upon the hazards present. As well, these same pictograms will be found on the chemical's Safety Data Sheet.

It is important to be familiar with all of this because, again, ignorance causes problems when it comes to dealing with chemicals.

GHS pictograms classification can be separated into three categories: physical hazards, health hazards and environmental hazards.

For chemicals to harm you, they must get into or onto your body. Of the several ways this can occur, these are known as routes of exposure: inhalation, ingestion, absorption, and injection. As well, the duration of and how often you are exposed to chemicals will influence the effects it has on your body.

Some chemicals have the potential to cause serious and immediate health effects while others take years to cause damage to the body. Acute exposure is a brief, intense exposure of a high concentration, that produces an immediate health effect. The effects of acute exposure include nausea, headache, blurred vision, trouble breathing and coughing.

Chronic exposure, is the type most associated with chemical

related occupational illness. It usually involves a consistently low exposure over an extended period of time. Continued exposure to materials like asbestos, lead, and silica accounts for a chronic exposure risk. The effects of chronic exposure can vary widely depending upon the material, exposure, and your individual susceptibility.

OSHA: Hurricane Preparedness

Key Takeaways:

- Learning about hurricanes and their properties.
- Understanding the dangers of hurricanes.
- Comprehending the importance of having access to current information while under the threat of a hurricane.
- Learning how to prepare for a hurricane.
- Identifying best practices for staying safe during a hurricane.
- Learning actions to take after a hurricane.

Course Description

The goal of this course is to teach you about the hazards associated with hurricanes, and the best practices you should follow before, during, and after a hurricane to protect you and your family. Hurricanes are a limited hazard to specific regions, but they can be devastating to those locations. When over the ocean, hurricanes cause the sea level to rise by several metres or possibly tens of feet. This leads to huge waves crashing into shores near the storm. Then when over land, hurricanes damage everything through the powerful winds, flown debris, and excessive flooding. There is not much you can do in the moment to stop these effects, but by taking this course you will be prepared with strategies to save your and others' lives. You will learn basic techniques to protect yourself in a storm so that you survive it.

OSHA: Silica Hazards Overview

Key Takeaways:

- Learning about silica and its most common source materials.
- Understanding the potential chronic health effects of chronic silica exposure.
- Acknowledging workplace activities that may generate airborne respirable silica.
- Learning basic methods to mitigate airborne silica dust.
- Learning actions which minimize the risk of exposure to crystalline silica.
- Comprehending the basics of combined protections that can be implemented to prevent exposure to silica-containing compounds.

Course Description

The aim of this lesson is to serve as an intro/refreshers to our Silica Hazards course. This course will improve the safety of workers in environments where silica exposure hazards exist by increasing employee awareness of this hazard and exploring how the hazard can be recognized and addressed in the workplace.

OSHA has issued a rule to reduce lung cancer, silicosis, chronic obstructive pulmonary disease and kidney disease in America's workers by minimizing their exposure to respirable crystalline silica. This rule contains two standards, one for Construction and one for General Industry and Maritime.

OSHA projects the rule, once its effects are fully realized, will annually save more than 600 lives and prevent over 900 new cases of silicosis, in addition to providing net benefits of about \$7.7 billion.

By taking this course, you will be reminded of the actions you

must take to fulfill OSHA's rule in your workplace.

OSHA: Office Ergonomics Overview

Key Takeaways:

- Recognizing the overall principle underlying ergonomics in the workplace
- Learning underlying causes of CTDs
- Identifying common types of cumulative trauma disorders
- Pairing warning signs and symptoms with solutions and actions
- Learning ergonomic best practices
- Understanding the elements of an effective ergonomic safety and health program

Course Description

OSHA has stated that industries with the highest musculoskeletal disorders (MSDs) rates include health care, transportation, warehousing, retail, and wholesale trade and construction. Annually, musculoskeletal disorder (MSDs) cases cause around 33% of all worker injury and illness.

To compensate for these issues, tracing back millenia, ergonomics was made official in 1857. Ergonomics is defined as the study of physiological interaction between the worker and the work environment. Ergonomics is applied to reduce the risk of musculoskeletal disorders (MSDs) through adapting the work to fit the person instead of forcing the person to adapt to the work. Ergonomics principles being applied to the workplace helps workers avoid on-the-job illness and injury and improves worker satisfaction through measures that provide greater comfort, helping people to perform assigned tasks more naturally.

The Bureau of Labor Statistics released a report stating that

work-related musculoskeletal disorders (MSDs) cost employers over \$20 billion annually in worker's compensation and medical expenses.

Back injuries are common globally, with the American Chiropractic Association estimating that 80% of the population experiences back pain during life, so one of the most important things you can do to prevent MSDs is to maintain a neutral posture while seated. A neutral posture being defined as a comfortable posture where your joints are naturally aligned. Working in a neutral position minimizes stress and strain on the muscles, tendons, and musculoskeletal system, and therefore reduces your risk of developing MSDs.

Ways to keep a neutral office ergonomic position:

- Practice keeping your head level or tilted slightly downward, it helps to keep your work in front of you so that you are looking straight ahead.
- Maintain relaxed shoulders, not elevated, hunched, or rotated forward.
- Place your elbows close to your sides and bent at about a 90-degree angle, instead of being extended in front of your body. Hold your wrists straight, not bent up, down, or to the side.
- Keep your entire body upright or leaning slightly back when sitting. It helps to use the chair's backrest to support your lower back, or lumbar curve.
- Keep your knees at the same level or slightly below the level of your hips when sitting. If possible, use a well-padded seat to reduce the pressure points along the backs of your thighs and knees. Ensure your feet are well supported either by the floor or by a footrest.

Despite your job tasks and work schedule possibly being largely determined by your employer, there are still actions you can take to reduce MSD risks while working.

Firstly, you can alternate between tasks. When your job largely consists of data entry, word processing, spreadsheet analysis, or another task that requires you to sit at your computer workstation for long periods of time, but you also have a few other job tasks

that are mobile, try to intersperse those tasks throughout your shift. Examples of mobile tasks include photocopying, delivering files to another coworker, making coffee, or picking up sandwiches for a lunch meeting.

Also, you could turn a stationary task into a mobile task. Perhaps you need to ask a coworker a question or set up an appointment, you could walk over to the person's desk rather than calling or sending an email. In the case that you need to think about how to solve a work-related problem, pace down the hallway while you think. Studies support that the more we move, the lower our likelihood not only of developing MSDs, but also of developing debilitating conditions like circulatory problems, a reduction in muscle mass, and heart disease. Lastly, you have the power to reduce the risk of developing an MSD caused by stationary work by taking short but frequent stretch breaks throughout the day. There are innumerable stretches you can perform to prevent symptoms and reduce pain, including pulling back on fingertips, touching your toes, or various other exercises. Find something that you enjoy and do it everyday.

There are several approaches to treating musculoskeletal disorders (MSDs). One means of treating MSDs is to avoid the activities causing injury. This could lead to limiting certain types of work tasks, or even wearing a splint to support the joint or restrict movement. Using heat and ice can relieve pain and accelerate the repair process. Heat makes the body increase blood flow and provides pain relief for minor injuries, while ice reduces both pain and swelling. Another appropriate treatment for MSDs can be exercise, because it promotes circulation and increases strength and fitness. Although, it is critical for people suffering from MSDs to consult a physical therapist before exercising. If not appropriately designed, exercises can aggravate an existing condition. Lastly, over-the-counter anti-inflammatory drugs, such as ibuprofen and naproxen, can reduce pain and inflammation resulting from MSDs.

Cumulative trauma disorders (CTDs) are the products of physical demands that exceed our maximum capacity; which strain tendons,

muscles, nerves, joints, ligaments, cartilage or the spine; or that disregard stress-inducing, environmental factors like heat, humidity, noise and light glare. CTDs happen because of an accumulation of stress factors involving repetitive, forceful, or prolonged exertions; frequent or heavy lifting, pushing, pulling, or carrying of heavy objects; or prolonged awkward postures. The most commonly cited issue alleviated by some ergonomics is carpal tunnel syndrome.

PPE – Personal Protective Equipment: Hearing Protection

Key Takeaways:

- Appreciating the value of hearing PPE
- Observing common hearing workplace hazards
- Observing the common characteristics of hearing PPE
- Recognizing common types of hearing PPE
- Understanding the proper fit for hearing PPE
- Learning how to care for hearing PPE
- Acknowledging employee and employer responsibilities regarding hearing PPE

Course Description

Annually, there are 23,000 cases reported of occupational hearing loss great enough to cause hearing impairment because the proper Personal Protective Equipment (PPE) wasn't used for hearing protection.

This course was designed to teach workers how to recognize,

identify and describe the proper types and uses for hearing protective devices. How would your life be different without being able to hear? It is important to protect your ears from damage and pain that can change your life.

PPE – Personal Protective Equipment: Hearing Protection – Spanish

Key Takeaways:

- Appreciating the value of hearing PPE
- Observing common hearing workplace hazards
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OSHA: Earthquake Preparedness

Key Takeaways:

- Learning the dangers of earthquakes
- Knowing the actions to take to prepare for an earthquake
- Comprehending the actions to take when an earthquake occurs
- Learning the actions to take after an earthquake

Course Description

This course will provide information on the dangers of earthquakes in the workplace and the actions you should take to prepare in advance of a quake. As well, it will teach you what to do during and after a quake so that injury risks are reduced.

Earthquakes occur frequently across the globe, but more of them are fairly small. The Incorporated Research Institutions for Seismology (IRIS) have stated that there are several hundred small earthquakes happening everyday, which are easy to miss. Major earthquakes happen more than once a month, while massive earthquakes occur around once per year. Depending on your area, earthquakes might not be a common threat, but they are nonetheless worth preparing for. Think about one of the devastating earthquakes in the last decade and how they destroyed some city or country. Nobody wants to be a death statistic in those situations.

By taking this course, you will learn the techniques to increase your likelihood of survival in an earthquake setting. The preparatory, during, and post actions that you will see have the potential to keep you and others safe when the ground is shaking and debris is falling from the sky. No matter your location, preparing for earthquakes through this course will give you life-

long survival strategies.

Introduction to Benzene Hazards: A Deep Dive into Safety

Course Description

Benzene is subtle, invisible, and its most devastating effects often show up years later. This course will take a deep dive into benzene: what it is, where it hides, what it does to your body, and how we can protect ourselves.

Sexual Harassment Prevention for Managers

Key Takeaways:

- Appreciating the importance of understanding sexual harassment in the workplace, for managers.
- Observing the responsibilities of the company and managers regarding discrimination and sexual harassment in the workplace.
- Learning about sexual harassment.
- Recognizing behaviors that might be considered sexual harassment.
- Observing managerial actions that can help prevent sexual harassment in the workplace.
- Understanding precautions employers can take to exercise due

care to prevent and correct sexual harassment.

- Laying out the steps an employee should take if sexual harassment occurs.
- Comprehending the steps a manager should take in response to a sexual harassment complaint.
- Observing examples of retaliation.

Course Description

Sexual harassment is illegal. Title VII of the Civil Rights Act of 1964 and the Civil Rights Act of 1991 forbid all forms of discrimination, with sexual harassment being a form of sex discrimination.

As management, you must plan for addressing sexual harassment in the workplace, in addition to providing training at least annually, because sexual harassment is an expensive crime which threatens the viability of your operation.

Sexual harassment incidents disrupt the work environment through growing a negative environment that ruins working relationships, lowers productivity, and results in costly administrative actions amongst even more expensive litigation. Your employees need to be protected from sexual harassment and educated on the explicit policy. As well, it is crucial that you encourage employees to report violations freely.

Following the sexual harassment company policy is essential. For this reason, a 'zero tolerance' policy is the best option. Such policy will help you avoid liability and disciplinary action by succeeding your management responsibilities. As well, it will help reduce the number of sexual harassment incidents.

How should you handle incidents of sexual harassment?

Appropriate Response to Charges

- Properly investigate the situation when necessary, immediately.
- Promptly and effectively take corrective action.
- Guarantee the victim's trauma is worked through and addressed properly.

Manager Responsibilities

- Keep the work environment free of sexual harassment.
- Know how to identify sexual harassment.
- Prohibit sexual harassment incidents.
- Effectively react to sexual harassment.
- Learn and fulfill federal and state laws, and your company's policy.
- Develop and keep a positive, productive workplace.
- Demonstrate appropriate behavior.
- Communicate with Human Resources about concerns and complaints.
- Ensure the appropriate steps are taken to eliminate behavior that might be perceived as sexual harassment.
- Give every complaint your complete attention.
- Keep confidentiality, except for disclosure required by the investigation.

The Equal Employment Opportunity Commission (EEOC) specifies three primary conditions which managers, supervisors, and the company can be held accountable for sexual harassment:

1. The supervisor or manager personally commits an act of sexual harassment.
2. An employee sexually harasses another employee and a supervisor or manager knew or should have known about the conduct. The manager may be able to prove that timely and appropriate action was taken, but otherwise the manager and the company can be held liable.
3. A non-employee (or "third party") sexually harasses an employee and the supervisor or manager knew or should have known about the conduct and no action was taken. Any time that you are unsure whether one of these conditions applies to a specific situation, immediately consult with Human Resources.

Here are federal discrimination laws which you are required to adhere to:

- Title VII of the Civil Rights Act
- The Age Discrimination in Employment Act
- The Americans with Disabilities Act
- The Equal Pay Act
- The Genetics Information Nondiscrimination Act

Sexual Harassment Behaviors

For something to be sexual harassment, three criteria must be met:

- The act must be sexual
- The act must be unwelcome
- The act must be severe or pervasive

It is very common for employees to not want to report unwelcome conduct or behaviors for fear of job loss, rejection, retaliation, etc. This is why it is so important to make employees feel safe and secure in the reporting process.

It is easy for a hostile work environment to develop. Some aspects of such environments are as follows:

- Sexual harassment committed by a manager, supervisor, another employee, or a third party, which are sufficiently severe, persistent, or pervasive to unreasonably interfere with an employee's job performance
- Courts will utilize the "reasonable person" standard
- A person cannot be the target and still experience a hostile work environment

Behaviors to watch out for include:

- Sexually oriented jokes;
- Sexually explicit emails, texts, screen savers, drawings, cartoons, posters, or other material;
- Undesired verbal and physical contact, including touching, hugging, kissing, patting, fondling, groping, or intentional and repeated brushing or bumping against a person's body;
- Continued letters, telephone calls, visits, or pressure for dates or sexual favors;
- Continued, undesired flirting;
- Stalking.

In Quid Pro Quo or "this for that" situations:

- Employer will always be held liable
- Harasser will always be held liable

In a hostile work environment:

- Harasser will always be held liable
- The employer will always be held liable for harassment by an

owner or senior manager

- The employer and manager/supervisor will be held liable for harassment by management, co-worker, or third party if:
- The employer and manager/supervisor knew or should have known, and;
- Did not take prompt, effective action.
- The employer may reduce or eliminate liability if they:
- Have a policy prohibiting harassment;
- Adequately teach all employees about the policy;
- Have a proper complaint procedure;
- Implement quick, appropriate action when an incident is reported or witnessed.

What can you do to prevent sexual harassment in the workplace?

- Create and publicize a sexual harassment policy which explicitly states sexual harassment will not be tolerated and explains what types of conduct are considered sexual harassment.
- Create and publicize a specific procedure for reporting and addressing complaints of sexual harassment.
- Create methods to train new management and employees on the company's sexual harassment policy and reporting procedure.
- Supply annual (or preferably more frequent) sexual harassment awareness training for all employees.
- Teach employees.
- Develop and keep a positive, productive workplace.
- Exhibit appropriate behavior.
- Watch interactions in the workplace.
- Address harassers.
- Immediately stop harassing behaviors.

Sexual harassment is a criminal offense which is incredibly problematic for the workplace. Foremost, no one should work everyday with the fear of being subjected to undesired advances from colleagues. All occurrences of sexual harassment drastically affect the workplace, fracturing working and personal relationships and damaging the reputation of employers that foster such an environment. There is always liability present in sexual harassment situations, so it is a good idea to take every measure possible to deter sexual harassment behavior.

Preventing Workplace Harassment – Manager Edition

Course Description

In this course, managers and employers will learn about the signs of workplace harassment, how to prevent incidents before they occur, and what your obligations are.

Transportation Training Calendar

With more than 110,000 injuries and 4,500 fatalities involving CMV (Commercial Motor Vehicle) accidents each year, the importance of training CMV drivers on safe practices is huge. Through proper training, lives are saved and serious injuries are prevented. Our training will help simplify your CMV driver training and ensure the safety of not only the drivers, but everyone who comes into contact with CMV vehicles. This library consists of a series of transportation safety training sessions that cover the important training topics for CMV drivers.

Download our OHS training calendar as selected by ASSE certified trainers. You can use this calendar to access both online and instructor-led safety training for each month.

Retail/Wholesale Training Calendar

Working in retail is generally a safe occupation, but there are many common hazards that retail workers must face every day. In fact, the retail and wholesale industries experience around 800,000 serious injuries each year. The Occupational Safety and Health Administration, commonly referred to as OSHA, provides guidance and regulations designed to help maintain proper retail safety measures. Under OSHA's general duty clause, employers are required to provide a workplace that is free from recognizable hazards that could cause serious harm.

Training topics also include those relevant to all industries that ensure safe work environments and healthy workers such as anti-harassment training and emergency response.

These materials educate, inform and inspire better workplaces for all companies. Download our OHS training calendar as selected by ASSE certified trainers. You can use this calendar to access both online and instructor-led safety training for each month.

Health Services Training Calendar

Our health services safety training aims to reduce accidents & injuries specific to the healthcare industry. Our network of health and safety professionals have extensive experience engineering controls, training, and hazard identification in order to ensure employees and employers alike stay safer and work more

productively.

Healthcare workers face a number of serious safety and health hazards. They include bloodborne pathogens and biological hazards, potential chemical and drug exposures, waste anesthetic gas exposures, respiratory hazards, ergonomic hazards from lifting and repetitive tasks, laser hazards, workplace violence, hazards associated with laboratories, and radioactive material and x-ray hazards. One of the most effective ways to reduce workplace hazards and injuries is through a comprehensive, proactive safety and health management system.

Training topics also include those relevant to all industries that ensure safe work environments and healthy workers such as anti-harassment training and emergency response.

These materials educate, inform and inspire better workplaces for all companies. Download our OHS training calendar as selected by ASSE certified trainers.

Education Training Calendar

School safety is more complex today than ever before. Our programs will help you manage compliance and prevent serious safety incidents across campuses. Our programs are proven to help busy administrators save time and money, but most importantly, they can help make your school even safer for students, staff, and parents.

Training topics also include those relevant to all industries that ensure safe work environments and healthy workers such as anti-harassment training and emergency response.

These materials educate, inform and inspire better workplaces for all companies. Download our OHS training calendar as selected by ASSE certified trainers. You can use this calendar to access both online and instructor-led safety training for each month.

Construction Training Calendar

Our safety training program is an essential element of training for all employees (new and old) on construction worksites, supervisors, health and safety representatives, and those business owners who seek to improve health and safety in their workplace. You'll learn about workplace safety, focused on the construction job site, including:

- common hazards
- awareness
- prevention strategies
- regulations

This Safety Training helps you and your team to understand the individual and organizational consequences of poor work practices and procedures. Set a new record for workplace safety!

Training topics also include those relevant to all industries that ensure safe work environments and healthy workers such as anti-harassment training and emergency response.

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Chemical Manufacturing Training Calendar

The chemical manufacturing industry is one of the most safety

sensitive industries and enjoys an incident rate lower than the American average.

Having a training system in place for new and current employees is imperative to building a safety culture in Chemical Manufacturing. The benefit for the company includes reduced down-time resulting from accidents, reducing costs associated with Workers' Compensation, increased productivity from new hires, improved employee morale, and fewer reporting needed for OSHA.

It's really quite simple when you think about it- Safety programs allow for employees to stay at a workplace longer, feel secure at their job, and provide a level of insight that would otherwise be missed for management. Having a working safety plan in place could be a company's saving grace if the worst should happen.

Training topics also include those relevant to all industries that ensure safe work environments and healthy workers such as anti-harassment training and emergency response.

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Business Services Training Calendar

Although you can't prevent every injury from happening (because, let's face it, we are all human and accidents do happen), you can take proactive measures to lessen the risk of work-related injury or death. One of the most effective steps you can take is to conduct thorough on-the-job safety training. Business services, although not comparable to construction and oil & gas, for accidents and incidents – does account for a large percentage of

annual workplace accidents and costs.

Training topics also include those relevant to all industries that ensure safe work environments and healthy workers such as anti-harassment training and emergency response.

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Automotive Training Calendar

If you're running a business in the automotive industry, it's your responsibility to provide your employees with a safe workplace, free from any hazards or health risks. As an employer, you also need to make sure you're compliant with relevant safety laws and regulations for the industry. That means providing appropriate safety training for all staff.

Training topics also include those relevant to all industries that ensure safe work environments and healthy workers such as anti-harassment training and emergency response.

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