

Quick Course – Compressed Air Can Be Dangerous

Course Description

Compressed Air Safety is serious – this quick course reviews the dangers of working with compressed air and how to protect themselves.

Quick Course – Confined Space Safety

Course Description

Confined spaces pose a significant risk in the workplace due to changed environmental factors, such as oxygen depletion and the build up of toxic gases. In this quick course, you will learn best practices for confined space safety.

Quick Course – COVID-19 Your OHS Responsibilities

Course Description

In this course, you will learn what your OHS program is responsible for during the COVID-19 Pandemic.

Quick Course – Crane Safety

Course Description

A crane is one of the most versatile and important pieces of equipment usually found on a construction job. It is often one of the largest pieces of equipment on a work site with many different operating functions. This means the operator must be able to concentrate on the tasks and be aware of their surroundings.

Quick Course – Defensive Driving When to be Cautious

Course Description

Road accidents are the leading cause of death at work. Most traffic accidents are the result of driver error or poor operating practices. Drivers take responsibility for their own safety and the safety of others on the roads.

Quick Course – Did you Get the Memo on Office Hazards?

Course Description

In this quick course, you will learn about common hazards in the

office environment and protective measures you can take. Things such as tripping hazards, fires, and ergonomics can make working in a office dangerous. Take this course to make your workplace as safe as possible.

Quick Course – Don't Let Your Safety Go Up in Flames

Course Description

Fires are a dangerous and common event that happens in all work environments. In this course, you will learn basic fire safety, including fire extinguisher operation, fire hazards, and best practices.

Quick Course – Don't Mess with an Incident Scene

Course Description

Not only is tampering with the scene of an accident or incident morally wrong, it can land workers in serious legal trouble if the fraud is discovered. And the likelihood of a cover-up being sniffed out by someone who has years of experience investigating workplace injuries and fatalities is high.

Quick Course – Don't Just Stand There

Course Description

This First Aid quick course will go over what to do when you encounter a situation that requires first aid.

Quick Course – Emergency Would You Know How To Respond

Course Description

Even if the danger of an emergency would you know what to do? The knowledge you have during an emergency and the decisions you make during a crisis could mean the difference between life and death.

Quick Course – Ergonomic Safety

Course Description

This quick course will talk about musculoskeletal problems, common signs of injuries and how to avoid them when working.

Quick Course – Fall Hazards and Falls from Heights

Course Description

In this quick course, you will learn how to identify fall hazards in your workplace and take preventative measures to avoid falls.

Quick Course – First Aid – Chemical Burns and Liquid Gas Burn

Course Description

In this quick course, you will learn first aid techniques for dealing with burns sustained from chemicals or liquid gas by yourself or coworkers while on the job.

Quick Course – First Aid – Choking

Course Description

In this quick course, you will learn first aid techniques for addressing your own and others' choking while on the job.

Quick Course – First Aid – CPR

Course Description

In this quick course, you will learn first aid techniques for administering CPR and identifying when CPR is necessary while on the job.

Quick Course – First Aid – Electrical Burns

Course Description

High voltage electricity creates a lot of heat and takes the most direct route it can find between its point of contact and where it can leave the body. This means it causes significant burns to any muscle, nerves or internal organs it passes through.

Quick Course – First Aid – Fractures

Course Description

In this quick course, you will learn first aid techniques for dealing with your own and others' fractures while on the job.

Quick Course – First Aid – Shocks

Course Description

In this quick course, you will learn first aid techniques for when you or others experience shocks while on the job.

Quick Course – Formaldehyde

Course Description

In this quick course, you will learn about common formaldehyde uses, the health risks posed by the chemical, and best practices for workplace safety.

Quick Course – Fundamentals of First Aid: Bleeding, Cuts, and Wounds

Course Description

In this quick course, you will learn how to tend to bleeding, cuts, and wounds sustained by yourself or coworkers on the job.

Quick Course – Have a Plan for Fall Rescue

Course Description

For some work environments, falls are not only a risk but a regular occurrence. In this quick course, you will learn fall rescue strategies to ensure every fall is safe.

Quick Course – Hot Work Safety

Course Description

Hot work is a leading cause of workplace fires. A job is considered “hot” when it produces sparks, flame or heat, especially if it is done in flammable environments.

Quick Course – Housekeeping’s Role in Safe Workplaces

Course Description

One of the best preventative measures in the battle against slips, trips, falls, fires, injuries, and emergencies is good housekeeping. Housekeeping reduces hazards in the workplace and makes day-to-day operations safer for everyone. Take this quick

course to learn some best practices you can take for safety.

Quick Course – How to Conduct a Job Hazard Analysis

Course Description

A job hazard analysis (JHA), sometimes called a job safety analysis (JSA), is a systematic method for identifying and evaluating hazards associated with a job or task. It's based on the idea that any job can be separated into simple steps, potential hazards associated with those steps can be identified, and solutions can be developed to control those hazards.

Quick Course – How to Safely Use Abrasive Wheel Grinders

Course Description

In this quick course, you will learn about the hazards of abrasive wheel grinders and how to safely use them.