

# OSHA: Mosquito, Tick, and Vector-Borne Illnesses

## Key Takeaways:

- Learning about vector-borne illnesses and how they are transmitted.
- Recognizing common vectors, the diseases they carry, and the environments in which they may be encountered.
- Observing symptoms of more-common vector-borne disease infections.
- Learning effective ways of limiting exposure to tick-borne and mosquito-borne diseases.
- Understanding how to check for and safely remove ticks.

## Course Description

This course will teach you about the most-common vector-borne diseases and techniques to avoid exposure and infection. Examples of the health hazards you are at risk from include Lyme disease, malaria, West Nile fever, yellow fever, typhus, and plague, to list a few. The World Health Organization reports that vector-borne diseases amount for 17% of all infectious diseases. Any of these illnesses are not pleasurable, and will likely require time of work if not serious complications. Through this course, you will learn general treatment guidelines; however, this lesson does not constitute medical advice and is not a substitute for evaluation by a qualified healthcare professional. Rather, it will provide techniques and strategies to ensure your safety until you can receive proper medical advice.