

Off-The-Job Safety Checklist

PREAMBLE

How safety-conscious are you when you are off-the-job? You can do a lot to increase your safety just by paying attention to your attitude and habits. You may be relaxing, but you can still relax safely!

Many of the same dangers in the workplace also exist away from the office... slips and falls at home, driving accidents, or not using personal protective equipment while playing sports. The danger is that we don't apply the same seriousness to safety when we're not at work.

Remember awareness is a 24/7/365 mindset. There's no clocking out!

The practice of using a lock and tag to isolate power from a piece of manufacturing equipment is not uncommon at work, but you may not realize that more injuries from failure of locking out happen at home and they can be prevented.

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