

Not My Problem Picture This

NEVER SAY AT WORK

(AND WHAT TO SAY INSTEAD)

The workplace can be a minefield of office politics, stress and complicated relationships. One way you can make your time in the office easier is by knowing what not to say.

1

"That's not my problem"



WHY NOT TO SAY IT:
We've all heard it before and when you're juggling a lot of things, it's easy to dismiss things that aren't "your problem". Unfortunately, you can potentially appear self-serving and not a team player.

WHAT TO SAY INSTEAD:
I recommend you talk to...
[insert names]"

2

"But we've always done it that way"



WHY NOT TO SAY IT:
People can be scared of change and while there is value in experience, it's not always a legitimate excuse. It can make you appear inflexible and "stuck in your ways".

WHAT TO SAY INSTEAD:
That's a different approach - can you tell me why it is better?"

3

"There's nothing I can do"



WHY NOT TO SAY IT:
Sometimes it really does feel there's nothing else we can do, especially if we've exhausted all possibilities. Adopting a "can-do" attitude would go much further than wanting defeat.

WHAT TO SAY INSTEAD:
I'm a bit stuck, can you help me find any other options?"

Source: <https://www.headwaycapital.com>