

Model Fatigue Management Policy

THE PROBLEM: Although it might not seem all that menacing, fatigue has been shown to be a major contributor to workplace injuries.

Fatigue slows reaction time, impairs judgement and heightens distractions.

HOW TOOL HELPS SOLVE THE PROBLEM: Although the dangers of workplace fatigue are only beginning to be fully understood, progressive companies have achieved success by implementing a fatigue risk management system. A written policy stating the organization's commitment to manage fatigue risks and laying out the roles and responsibilities of various stakeholders in fatigue risk management is one of the central elements in such systems. Here's a Model Fatigue Management Policy you can adapt for your own organization.