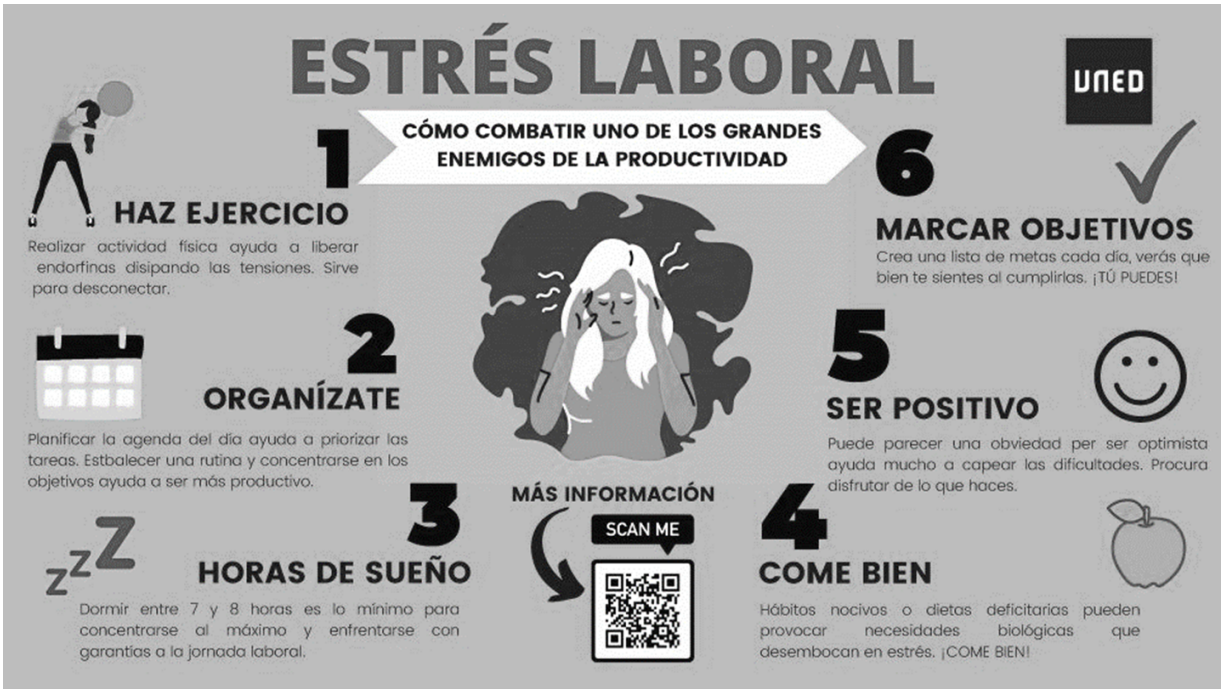
Managing and Reducing Stress Infographic – Spanish



Fuente: https://www.ucm.es