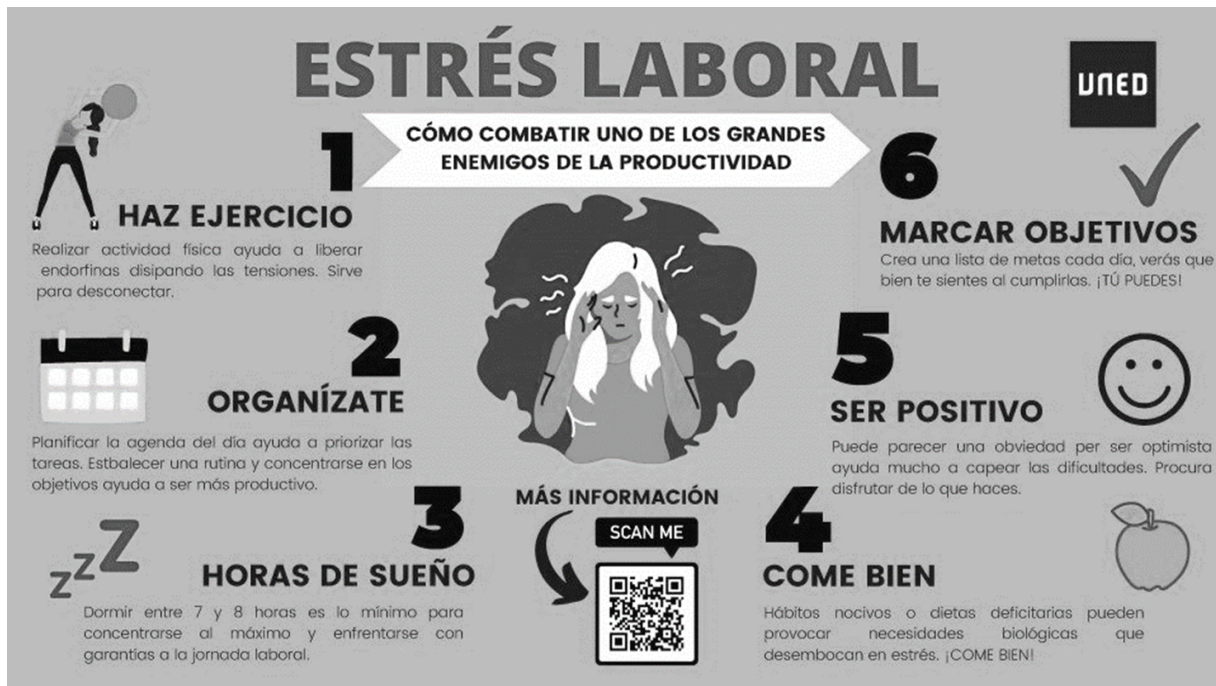


# Managing and Reducing Stress Infographic – Spanish



Fuente: <https://www.ucm.es>