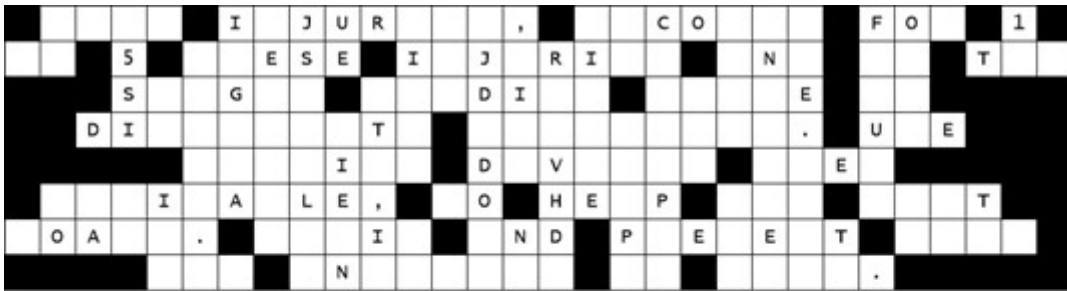


Lifting and Back Injuries

Fallen Phrases



A
 N F G C T D O R
 S T B T U E C C U N D F
 I L H I E E A I E I E S Y E H N I
 B C K A I N I J I R S E R A L W I V S T O S A
 L N A A A L B A L O L D N W U N G A E S U W U I B F K
 I A V D S N D L V I N Y T A O S L D R A W O N K L S R C H E

Answer:

Back injuries, account for 1 in 5 these injuries and is the single leading cause of disability worldwide. Use lifting devices when available, to help you lift loads. Avoid and prevent back and injuries at work.