Hotel/Motel Housekeepers Stats and Facts

FACTS

1. Housekeepers are constantly on their feet, using their arm and back muscles for extended periods of time, and moving their bodies in ways that can wear on them. When cleaning a room, housekeepers are constantly squatting to pick up items off the floor, stooping and bending to clean hard-to-reach places as well as change bed sheets, reaching high to dust and clean for extended periods of time, twisting their back to vacuum and scrub, etc. They are constantly performing tasks in and outside of their power zone, and quickly.
2. Cumulative trauma is physical damage that is experienced over time based on constant muscle strains. According to the Occupational Safety and Health Administration, housekeepers have the highest rate of cumulative trauma injuries within the hospitality industry.
3. Whether rooms are full due to conference attendees, vacation guests, business travelers, or those just passing through for a night, having to constantly flip and clean rooms while also keeping up with various demanding hospitality duties can be taxing for all employees.
4. Housekeeps rigorous tasks go above and beyond an expected timely room cleaning while ensuring the job is done thoroughly. They have many rooms to clean and spend a majority of their time bending, lifting, and reaching.

STATS

- Due to their rigorous work, housekeepers are the most likely of your entire staff to suffer from an injury while on the job than any other hotel employee, resulting in a reported annual injury rate of about 7.9%. Over 90% of the 600 housekeepers polled claimed to suffer from work-related

pain, 77% of which said that this pain interfered with their housekeeping duties.

- On average there are more stayovers than departures in a hotel. Between 39% and 60% of the guests stay another night and the time it takes to clean those rooms is 20.5 minutes.
- Between 36% and 61% of the hotel’s guests leave every day. Meaning a lot more work for the housekeeping team. On average it takes 31.5 minutes to fully clean a room that is being released that day, that’s more than 30% more time than it takes to clean a stayover room.