Hands, Wrist and Fingers – Construction Safety Video

Our hands, wrists and fingers are valuable tools… the most valuable we will ever own. Whether we are completing a project at work or playing catch with the kids, our hands are involved in just about everything we do. In fact, we use our hands so much that they are ex¬posed to a multitude of hazards. Throughout the day our hands can encounter hazards such as machines with heavy or fast moving parts that can pinch or grab, sharp tools that can cut or puncture and corrosive materials that can damage the skin. If these types of hazards go unchecked, they can cause real problems. Fortunately, there are a number of ways that we can protect and care for our hands.