## First Aid: Soft Tissue Injuries

## Key Takeaways:

- Learning how to appropriately respond to soft tissue injuries such as cuts, puncture wounds, impaled objects, bleeding, and severe bleeding.
- Evaluating the severity of a burn and understanding how to respond to victims suffering from minor, major and chemical burns.
- Learning how to respond to a victim who has suffered an electrical injury.

## Course Description

The biggest culprit in soft tissue injuries very often is previous injuries being reinjured. Therefore, being able to prevent a soft tissue injury is just as important as knowing how to treat one. No one wants to go home from work with a cast or bandages, being unable to use their fingers or other appendiges. By taking this course, you will learn techniques and strategies to utilize in the workplace for everyone's safety, especially your own.