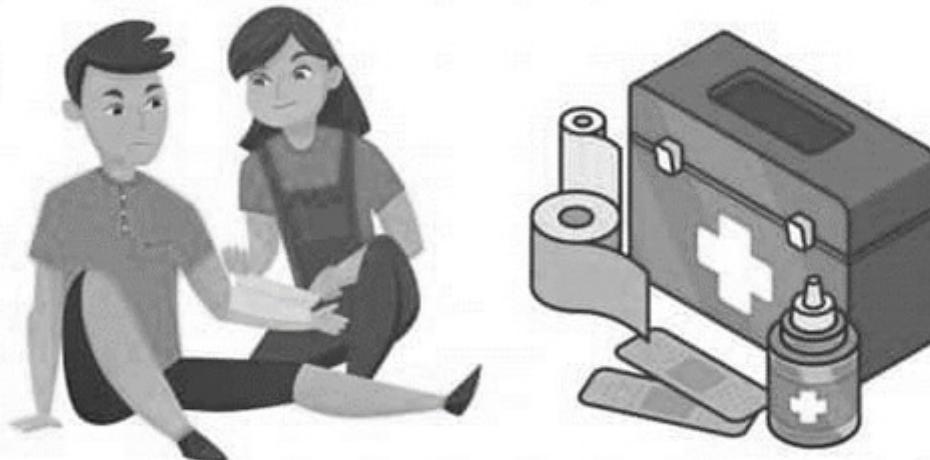


# First Aid – Landscaping Infographic

## FIRST AID

*First aid is emergency care given immediately to an injured person.*

*The purpose of first aid is to minimize injury and future disability.*



### THE 5 MAIN AIMS OF FIRST AID ARE:

1. Preserve Life
2. Prevent the escalation of the illness or injury.
3. Promote Recovery.
4. Pain Relief.
5. Protect the unconscious.

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