First Aid: Choking

Key Takeaways:

- Learning how to recognize partial and complete airway obstructions.

Course Description

Although this course does not qualify for first aid or CPR certification, it will provide instruction on how to respond confidently to choking until professional medical help arrives. You will learn skills to enhance your response in an emergency. Whether you are choking yourself or another is, this course will quickly teach you techniques and strategies for engaging in these situations.

Even if you are familiar with the heimlich maneuver, this course will serve as a refresher to guarantee everyone’s safety. You will learn how to engage in a situation where you are the only rescuer, there are multiple rescuers around, and if you are alone and choking. No matter the scenario, the education from this course will greaten everyone’s chances of survival.