

# First Aid Best Practice Guide

*Retrieved from:* Occupational Safety & Health Administration

The purpose of this guide is to present a summary of the basic elements for a first-aid program at the workplace. Those elements include:

- Identifying and assessing the workplace risks that have potential to cause worker injury or illness.
- Designing and implementing a workplace first-aid program.
- Instructing all workers about the first-aid program, including what workers should do if a coworker is injured or ill.
- Putting the policies and program in writing is recommended to implement this and other program elements.
- Providing for scheduled evaluation and changing of the first-aid program to keep the program current and applicable to emerging risks in the workplace, including regular assessment of the adequacy of the first-aid training course.

<https://www.osha.gov/Publications/OSHA3317first-aid.pdf>