Driver Fatigue Dangers Stats and Facts

FACTS

Accidents that result from driver fatigue:

- 1. A fatigued driver might veer off the road, hit a guardrail, or collide with a stationary object.
- 2. Fatigue can lead to slower reaction times and impaired judgment of distance and speed.
- 3. Fatigue can cause a driver to drift into oncoming traffic or cross over center lines.
- 4. Drowsy drivers might run red lights or stop signs or fail to yield at intersections due to their diminished attention and reaction times, causing accidents with other vehicles.
- 5. On highways and freeways, driver fatigue can lead to accidents involving multiple vehicles, especially during heavy traffic or when driving at high speeds.
- 6. Commercial truck drivers, who often have demanding schedules and experience long hours on the road, are particularly susceptible to fatigue-related accidents.
- 7. Fatigue can lead to a lack of control over the vehicle, which can increase the risk of rollover accidents.
- 8. Long stretches of monotonous driving on rural roads can lead to driver fatigue.
- 9. Fatigue often accumulates on long journeys, such as road trips or cross-country drives.

STATS

- A survey in the U.S. found that 37% of workers got less than the recommended minimum of 7 hours of sleep. According to the Public Healthy Agency of Canada, 36.3% of adults get insufficient amounts of sleep every night.
- Each year, drowsy driving accounts for about 100,000

- crashes, 71,000 injuries, and 1,550 fatalities.
- A study from the AAA Foundation for Traffic Safety found that drowsiness was a contributing factor in up to 9.5 percent of all crashes and 10.8 percent of crashes that included airbag deployment, injury, or property damage.
- In 2020, there were 633 traffic fatalities caused by drowsy driving-related crashes. (NHTSA)
- The majority of drowsy-driving crashes happen between midnight and 6 a.m., or in the late afternoon.
- 1 in 25 drivers admit to falling asleep behind the wheel. (CDC)
- Driving after more than 20 hours without sleep is the equivalent of driving with a BAC of 0.08 percent.
- Fatigue-related crashes resulting in injuries or fatalities costing more than \$100 billion annually.
- Drowsy driving accounts for about 100,000 crashes annually on the roadway, 71,000 injuries, and 1,550 fatalities each year. (AAA Foundation)
- About 24 percent of drivers have admitted to driving while being so fatigued that they struggled to keep their eyes open, at least once in the past 30 days.