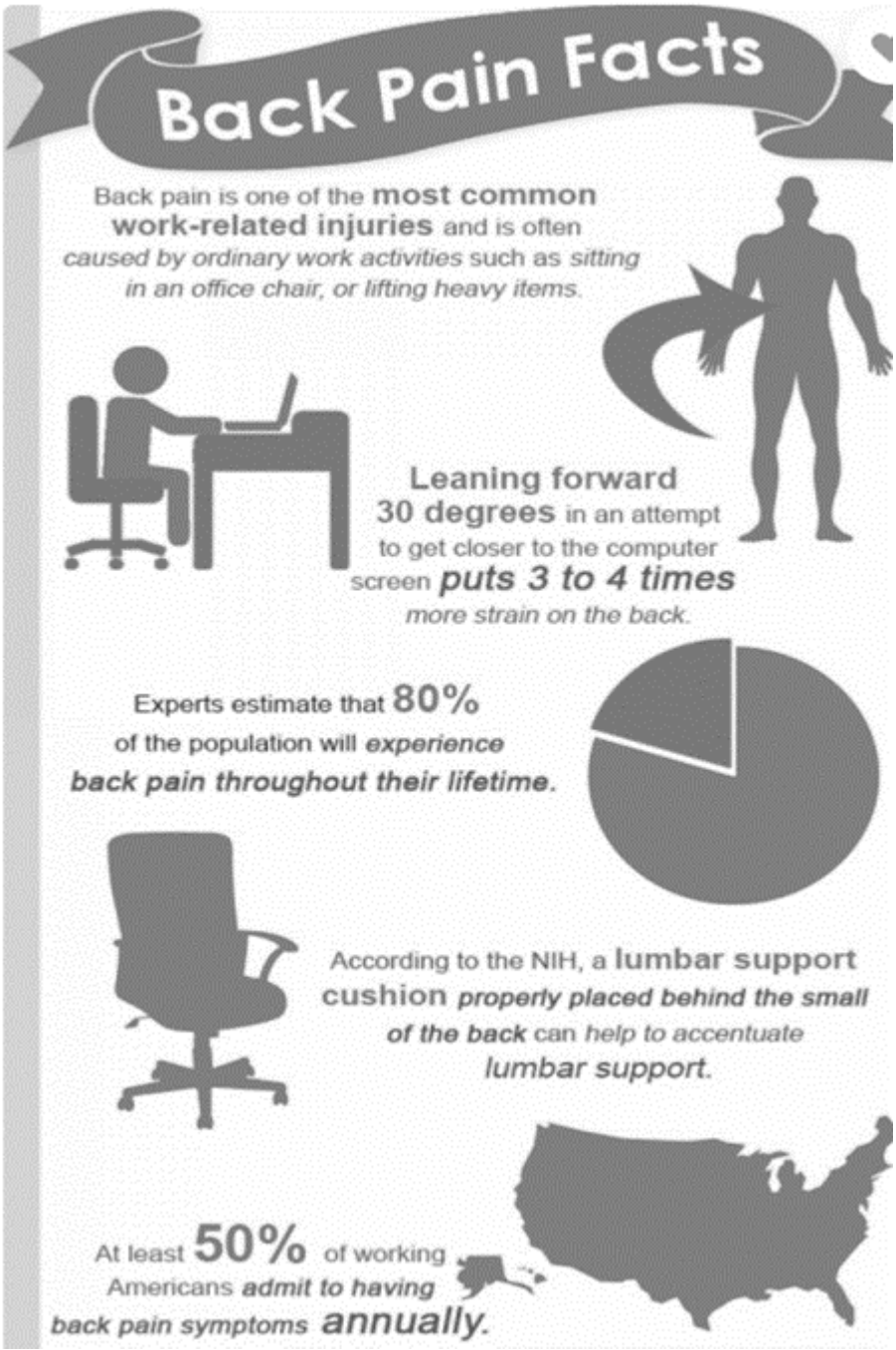
Dont Take Back Problems Sitting Down Infographic



Source: https://www.onyourmark.nyc