# Dealing With Hazards – Picture This



What’s wrong in this picture? A construction worker is about to injure himself with a nail in his foot maybe for not paying attention to where he is stepping.

Managing workplace hazards in the construction industry is a top priority every day because the working environment constantly changes.  Working hard is part of our everyday lives, but sometimes this work can put us at risk, whether we’re aware of it or not. There are many jobs that can put individuals in dangerous circumstances and employers are responsible for minimizing the risk of injuries, major or minimal, that could negatively impact their employees. Foot injuries are one of the most prevalent incidents in the workplace, regardless of occupation.

To prevent these injuries, it is recommended that workers take breaks throughout the day to rehydrate and rest their feet.

Employers can do their part to protect employees and help reduce the risks associated with daily construction duties by investing in personal protection equipment (PPE). Construction workers are constantly walking on hard surfaces, filled with dangerous items such as shards of glass and nails. Puncture resistant anti-fatigue insoles not only support and comfort workers, but also they provide much-needed protection from objects that can penetrate and potentially stab workers.