# Communicating in Busy Workplaces Meeting Kit

# WHAT'S AT STAKE

In fast-paced hospitality environments, clear communication is the difference between a smooth operation and a frustrating mess. Misunderstandings among staff can lead to delayed service, incorrect orders, and ultimately, unhappy guests. Additionally, in safety-conscious roles like handling food or cleaning, effective communication ensures everyone's well-being by preventing errors and accidents.

## WHAT'S THE DANGER

Here are some of the different hazards of communication in busy hospitality workplaces:

- Noise and distractions: Loud environments with ringing phones, music, and overlapping conversations can make it difficult to hear messages clearly or focus on what's being said.
- Time pressure: During rushes, the urge to quickly relay information can lead to rushed messages, missed details, or incomplete instructions.
- Stress: High-pressure situations can cause frustration and make people more prone to misunderstandings or misinterpreting communication.
- Language barriers: In diverse workplaces, language barriers can create confusion, especially if critical information needs to be conveyed quickly.
- Non-verbal communication overload: With limited time for lengthy conversations, relying solely on nonverbal cues like gestures or facial expressions can be risky. These cues can be misinterpreted in a fast-paced environment.
- Information overload: Being bombarded with multiple requests

- or updates at once can lead to confusion and forgetting important details.
- Lack of clear communication channels: If there's no designated method for relaying critical information (e.g., walkie-talkies, designated handover sheets), things can easily fall through the cracks.

## **HOW TO PROTECT YOURSELF**

Fast-paced hospitality environments thrive on clear communication. Here's a comprehensive plan to address the various communication hazards and cultivate a culture of effective information exchange:

#### 1. Tame the Noise and Distraction Beast:

- Invest in the right tools: Equip key staff with noise-cancelling headsets to filter out background chatter. Consider designated quiet zones for crucial conversations or task completion.
- Establish communication protocols: During peak hours, implement ground rules for phone usage to minimize disruptions. Encourage staff to flag urgent calls that require immediate attention.
- **Visual communication:** Utilize display boards or digital signage to showcase important updates, schedules, or reminders, reducing the reliance on verbal communication in noisy environments.

#### 1. Craft Clear and Actionable Communication:

- Train for clarity: Equip staff with communication skills training. This includes emphasizing clear enunciation, active listening, and the importance of summarizing instructions to confirm understanding.
- Embrace "I" statements: Foster a blame-free environment by encouraging staff to use "I" statements when addressing issues. For example, "I noticed table 5 hasn't received their drinks yet. Can I help you expedite their order?"
- Embrace multiple communication styles: Recognize that people have preferred communication methods. Some might thrive on

concise verbal instructions, while others might appreciate written confirmation. Cater to these preferences whenever possible.

### 1. Foster a Calm and Composed Team:

- Stress management techniques: Implement strategies to help staff manage stress during peak periods. This could include short breaks with relaxation exercises or designated quiet areas to decompress.
- **Promote open communication:** Cultivate a supportive team environment where colleagues feel comfortable voicing concerns or asking clarifying questions. Open communication fosters trust and reduces misunderstandings.

### 1. Bridge the Language Divide:

- Invest in language training: Provide staff with basic training in common hospitality phrases in frequently encountered languages.
- **Visual aids:** Develop visual aids like picture menus or symbol charts to supplement verbal communication, especially for critical information.
- Embrace collaborative communication: Encourage staff members who share a common language to assist colleagues who might struggle. This fosters teamwork and inclusivity.

## 1. Optimize Information Flow:

- **Prioritize effectively:** Delegate tasks strategically to avoid overwhelming individuals. Implement a system for prioritizing requests, ensuring critical information is addressed first.
- Embrace technology: Utilize task management software or digital checklists to streamline communication and ensure important details aren't forgotten.
- Establish clear protocols: Develop clear protocols for handling multiple requests simultaneously. This could involve a ticketing system or a designated team member for fielding inquiries.

#### 1. Designate Communication Channels:

- Dedicated channels for specific purposes: Assign specific communication channels for different needs. For instance, utilize walkie-talkies for urgent requests, handover sheets for shift changes, and a central online platform for general communication.
- Consistency is key: Once communication channels are designated, ensure staff consistently use these methods to avoid confusion and missed messages.

## FINAL WORD

In the fast-paced world of hospitality, clear communication is our safety net. If something feels unclear, empower yourself and your team to say "Stop, Check, Clarify." This simple phrase can prevent mistakes, ensure everyone's on the same page, and ultimately create a safer, smoother experience for both guests and staff.