

Cold and Flu Poster

What you should know:
Cold and Flu

- 1. Avoid contact with sick people**
- 2. Get vaccinated!**
- 3. Always cover your mouth!**
- 4. Avoid touching your eyes, nose or mouth!**
- 5. ¡No more used handkerchiefs!**
- 6. Wash your hands!**
- 7. If you are sick: Stay home**