Cold and Flu Poster

What you should know: Cold and Flu

- 1. Avoid contact with sick people
- 2. Get vaccinated!
- 3. Always cover your mouth!
- 4. Avoid touching your eyes, nose or mouth!
- 5. ¡No more used handkerchiefs!
- 6. Wash your hands!
- 7. If you are sick: Stay home

