

# Carbon Monoxide Picture This

## Danger, Danger! Prevent Carbon Monoxide Poisoning

**CO** is a **TOXIC GAS**  
Colorless  
Odorless  
Tasteless

Conventional Carbon Monoxide exposure accounts for an estimated  
**500** DEATHS **BACKS**  
**15,000** DISASTERS **REPORTED** IN THE U.S. **EACH YEAR**

### Prevention IS KEY

### Top 10 Causes of CO POISONING

#### Recognize the Symptoms

**Mild Exposure:**

- Slight headache
- Nausea
- Dizziness
- Fatigue
- Flu-like symptoms

**Medium Exposure:**

- Severe headache
- Drowsiness
- Confusion
- Rapid heart rate

**Severe Exposure:**

- Loss of consciousness
- Coma
- Cardiac or respiratory failure
- Death


- **Install CO detectors** on each floor, especially in bedrooms of your living space or bedrooms. Detectors should be mounted 5-7 feet away from the ceiling or end of the wall, but not over furnace vents or gas stoves or dryers.
- **Have your heating system, water heater and any other gas, oil or coal burning appliances serviced every year.**
- **Never use gas-powered tools, generators, grills or camp stoves indoors.**
- **Never use a gas range or oven for heating.**
- **Never leave a running vehicle in a garage with the door closed.**

- Blocked or clogged chimney
- Gas or wood-burning fireplace
- Portable kerosene heaters
- Gas stove
- Gas dryer
- Leaking chimney pipe or flue, or malfunctioning furnace
- Corroded gas water heater vent pipe
- Grilling in a poorly ventilated space
- Running car in a closed garage
- Operating gas-powered tool indoors


**CO Poisoning**  
Can mimic flu symptoms but there are **DIFFERENCES**

TIME	RANGE
No - 5-15 min	Mild
CO poisoning - 30-90 min	Severe
CO poisoning - 1-2 hours	Death

My Health. My Life.




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**Act FAST if Exposed**

1. GET OUT.
2. Breathe clean air.
3. GET HELP from an outside or the nearest fire department.
4. Leave doors open.
5. Help others.



Source: <https://i.pinimg.com>