

# Breathe Easier With These Respiratory Protection Must Haves

Even short-term exposure to respiratory hazards can have a catastrophic impact. Employees can experience major health effects, while employers face OSHA fines, business interruption and costly claims.

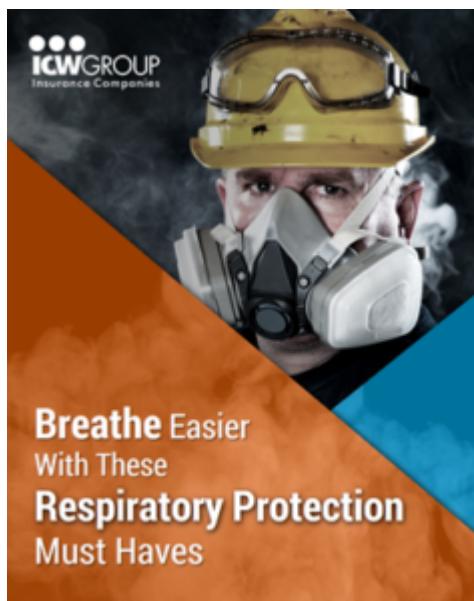
Watch our safety training webinar titled Breathe Easier with These Respiratory Protection Must Haves. Understanding respiratory requirements and committing to safety equals a healthy and more productive workforce!

In this webinar, you'll learn

- Impact of respiratory exposure
- How to avoid the 5 most common mistakes
- COVID-19 and wildfire updates

## Download these helpful respiratory protection resources

### Respiratory Protection Must Haves Presentation



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## Key Requirements of Your Respiratory Protection Program



Include these key elements in your Respiratory Protection program plans.

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## Plan for Improved Respiratory Protection



Ensure your Respiratory Protection Program makes an impact.

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## Top Tips for Respirator Safety



**TOP TIPS**  
For Respirator Safety  
Wearing a respirator? Check these tips to be safe!

<b>1</b>	Never read a map? Start now - read the instructions that came with your respirator. Check to be sure it's designed for the hazard and ensure you're using it properly. 
<b>2</b>	Get the correct mask? Don't just pick any! Friday the 13 <sup>th</sup> mask. Understand the hazard and the protection you need, then select the right respirator to wear. 
<b>3</b>	Don't neglect to inspect. Check your respirator closely before you wear it - cleanliness, cartridge, valve. Do a complete pre-flight. After all, your lungs depend on it! 
<b>4</b>	Sporting a beard? Facial hair can impair the respirator's face-to-face seal and destroy the effectiveness. Sorry, save your lungs and shave your beard! 
<b>5</b>	Not changing cartridges regularly? Don't hang onto a cartridge until you can "taste it" (yuck). Here's a bright idea - establish a respirator change schedule! 

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Wearing a respirator? Post these tips to keep employees safe!

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## 5 Common Respiratory Protection Mistakes



**Don't Choke On These  
5 Common Respiratory  
Protection Mistakes**

<b>1</b> MISTAKE: Misinterpreting required vs. voluntary  If exposure exists, and other precautions (such as eliminating) are unavailable, you must implement all Respiratory Protection Program (RPP) elements.	<b>2</b> MISTAKE: Not starting with the Hazard  Understand the nature and magnitude of exposure to respiratory hazards first - this is key to selecting protection equipment.
<b>3</b> MISTAKE: Using the wrong respirator and cartridges  Select the right tool for the job! Match the respirator to the contaminant's chemical state & form. Or, consider it immediately dangerous to life and health (IDLH).	<b>4</b> MISTAKE: Missing the required program elements  What are the elements to include? Respirator selection, Medical clearance, Fit testing, Procedures, Training, Periodic program evaluation.
<b>5</b> MISTAKE: Practicing improper maintenance  Inspect respirator regularly for cleanliness and check it's in proper working order.	Your checklist should include: <ul style="list-style-type: none"> <li>• Respirator cleaned regularly</li> <li>• Exhalation valve in working order</li> <li>• Cartridges are appropriate and current</li> <li>• Sealed fit &amp; positive/negative pressure</li> <li>• Stored properly - bag, box &amp; secure</li> </ul>

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Handy checklist to avoid these respiratory protection mistakes.

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## Safety OnDemand Safety Talk: Safe Respirator Use



**SafetyNow**  
SAFETY TALKS  
**Safe Respirator Use**

**What's on Start?**  
It's important to respirator and make sure it is being used correctly. Respirators are used to protect workers from harmful dusts or gases. Other contaminants can be removed by respirators, such as mold, bacteria, and viruses. If it is difficult or impossible to use, then the respirator should be removed. It is important to ensure that workers are fully protected.

**What's the Danger?**  
Some substances can cause severe damage to the skin, or irritate the eyes, nose, or respiratory system. Other contaminants can be removed by respirators, such as mold, bacteria, and viruses. If it is difficult or impossible to use, then the respirator should be removed. It is important to ensure that workers are fully protected.

**What's the Solution?**  
Some substances can cause severe damage to the skin, or irritate the eyes, nose, or respiratory system. Other contaminants can be removed by respirators, such as mold, bacteria, and viruses. If it is difficult or impossible to use, then the respirator should be removed. It is important to ensure that workers are fully protected.

**How to Plan**  
Enter the title and description.  
1. **Respirator**  
Know the following:  
• The type of respirator required.  
• The respirator is being used correctly.  
• Respirators are available and are being used correctly.  
• Respirators are being used correctly.  
2. **Respirator**  
There are three types of respirators:  
• Supplied air respirators (SAR), including airline respirators, self-contained breathing apparatus (SCBA) and emergency escape respirators.  
• Protective suits that totally encapsulate the worker's body and are designed to fit tightly.  
• Respirators are also included in the category of respirators.

**SAFETY OnDemand**  
Provided by ICW GROUP

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**Final Word**  
Breathing in airborne contaminants can cause respiratory problems, such as asthma and bronchitis. If a respirator is being used correctly, the respirator should be effective. If a respirator is being used incorrectly, the respirator should be removed. It is important to ensure that workers are fully protected.

**TEST YOUR KNOWLEDGE**

1. If a respirator respirator is connected to a respirator, the respirator should be removed.  
2. If a respirator respirator is being used correctly, the respirator should be removed.  
3. If a respirator respirator is being used correctly, the respirator should be removed.  
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**What Would You Do?**  
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**Meeting Materials for you**  
Safety talking points, and tips, and resources, and resources and resources, and resources and resources.

Download one Safety OnDemand item before having to login: "Safety Talk"

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## Safety OnDemand OSHA Wizard: Respiratory Protection



**OSHA CUSTOMIZABLE PROGRAM: RESPIRATORY PROTECTION**

**Purpose**  
The purpose of this safety program is to aid business owners with their Federal OSHA compliance efforts. Each business is unique and each program will require customization. As the program is customized, remember to only include words, sections, concepts, procedures, etc. that are relevant to the operations. The purpose of any written safety program is to provide a clear and consistent plan for addressing safety in a particular area of focus.

**Use**  
Use this wizard to customize your program.

**Instructions**  
To develop your customized plan, follow steps 1 through 3 in order, by clicking the buttons and following the instructions prompted by the program.

**Steps**  
1. **Customize**  
2. **Review and Format**  
3. **Print & Save**



Download one Safety OnDemand item before having to login: "Wizard Plan".

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## Safety Sound Off Podcast

Check out the latest in this audio series with special pre-webinar interviews:

Selecting the Right Respirator with Glenn Ingraham, ICW Group Risk Management Consultant and Technical Specialist

[Download the Selecting the Right Respirator podcast \(MP3\)](#)

The Importance of Respiratory Maintenance and Care with Glenn Ingraham, ICW Group Risk Management Consultant and Technical Specialist

[Download the Importance of Respiratory Maintenance and Care podcast \(MP3\)](#)

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## **Important Respirator Safety resource links**

- [U.S. EPA AirNow](#)
- [U.S. Forest Service Wildland Air Quality Response Program](#)
- [Protecting Outdoor Workers Exposed to Smoke from Wildfires](#)
- [N95 Mask Commonly Asked Questions](#)
- [Using Disposable Respirators \(English & Spanish\)](#)
- [OSHA Respirator Regulations](#)