

# Bike Messenger Safety Picture This

## BICYCLE SAFETY



Around 75% of fatal or serious cyclist accidents occur in urban areas.



80% of cyclist casualties occur in daylight.

### Causes of Bike Injuries



Inattentive biking



Inattentive driving



Failure to yield

### Ways to Stay Safe

#### BE SAFE



Bicycle helmets prevent serious brain injury by 88% of crashes.

#### BE SEEN



Use front and back reflectors on your bike to be seen at all times.

#### BE HEARD



Alert pedestrians that you are near by a bell, horn, or your voice.

### Source:

<https://www.tommiemedia.com/news/infographic-bicycle-safety-tips/>