BETTER BUSINESS: Being an Effective Team

Key Takeaways:
– Understanding how team dynamics affect the success of a team
– Viewing techniques and strategies to improve your own team
– Appreciating core values which influence teams

Course Description
In this simple, quick course, we will teach you how to improve your teams in the workplace. It is likely we have all been on great teams and not so great teams sometimes in life, think of grade school, sitting in on a town hall meeting, planning a wedding, organizing a trip, competing in sports, or any number of activities and there will likely be an example in your head. Being on a poor team is unenjoyable; things tend to slow down, there's lots of resistance, people fight or are passive aggressive, and at the end of the day you gain some distaste for teamwork. The truth is, though, that being on a great team provides some of the most fantastic experiences imaginable. Sure, it sounds cliche and like a motivational speech, but it's undeniably true. Teamwork has established our infastructure, food systems, water supply, and nearly all entertainment. Naturally, you may think of counterexamples, but even those are likely to have others who helped publish and distribute the book, design and build the hardware, engineer and replicate the science, or participated in the movement. Great teams can be amazing and lead to great things, and the purpose of this course is to help you foster amazing environments that you love working in and produce your best work.

We will address strategies that apply to both leaders and team members individually and together. We won't stop there although; we will also discuss team dynamics. There are many different types and we will explain the advantages and drawbacks of each to you. Depending on your situation, certain qualities are more important than others, and by understanding team types you can decide what is most effective for you. Moving on from team dynamics, you will

learn about behaviours that hinder teams and how to counter them. Our main focus will be a four stage model that you can implement to ensure the team’s success over time. This model is simple and logical, and we hope that it will help you overcome the inevitable hiccups that arise from collaboration. As well, we will offer mentalities and research done on mass thought and development, to further teach you successful ways to engage in working with others.

After this course, you will go on with a list of strategies, techniques, and resources to help assist you in improving team effeciency at work. We hope that this course can also make relationships easier and more enjoyable in team settings so that you feel like you are fulfilling your passions.