

Architectural Picture This

Landscaping

THE BENEFITS OF HEALTHY LANDSCAPES

HEALTHY LANDSCAPES PROVIDE THE FOUNDATION FOR LIVING, WORKING AND PLAYING OUTDOORS. THEY ARE GOOD FOR OUR HEALTH, GOOD FOR OUR COMMUNITIES AND GOOD FOR THE ENVIRONMENT.

>> HEALTH AND SAFETY BENEFITS

Healthy, managed landscapes make people and their communities healthier.

- REDUCE STRESS**
Source: Housley and Wolf
- IMPROVE QUALITY OF LIFE**
Source: Housley and Wolf
- REDUCE CRIME**
Source: U.S. Forest Service
- IMPROVE ATTENTION AND MEMORY**
Source: Mark Barman, University of Michigan

In addition, they protect against outdoor pests that can transmit disease to people and pets.

- Ticks can transmit Lyme disease, Rocky Mountain spotted fever, ehrlichiosis and babesiosis.
- Fleas can transmit tapeworms to pets, as well as murine typhus and, occasionally, the bubonic plague to humans.
- Fire ants can cause painful blisters and sometimes severe or life-threatening anaphylaxis.
- Mosquitoes can transmit West Nile, Zika, malaria, chikungunya, dengue and a host of other bacterial and viral diseases.

>> A HEALTHY LANDSCAPE HAS...

Not all grass, plants or trees are healthy. Healthy landscapes take effort, skill and know-how.

- HEALTHY SOIL**
- NO PLANT-DAMAGING PESTS OR DISEASE**
- FEW WEEDS**
- HEALTHY GRASS, SHRUBS & TREES**

>> ENVIRONMENTAL BENEFITS

The value of managed lawns and landscapes extends beyond the backyard and into the community at large.

- CLEAN & PURIFY AIR**
- PROVIDE OXYGEN**
- MINIMIZE NOISE**
- PROTECT WATER SOURCES FROM UNHEALTHY RUNOFF**
- ACT AS NATURAL COOLANTS**

Source: <https://www.loveyourlandscape.org>